

**Event 101 Womens MC 800m Freestyle**

H 1	L 1	Lizzie Wright	94	Cardiff Met	10:30.12
	L 2	Lucy Park	96	Bangor	10:17.85
	L 3	Hannah Howitt	95	York	9:50.00
	L 4	Jessica-Jane Applegate	96	Guest	9:31.39
	L 5	Ella Shilliday	98	Bath	9:31.99
	L 6	Jennifer Chaplin	96	Warwick	10:11.30
	L 7	Erin McCreedy	95	Southampton	10:30.00
	L 8	Hannah Gamble	95	Cardiff Met	10:30.12
H 2	L 0	Becky Dutfield	97	Nottingham	9:10.03
	L 1	Abbie Houston	95	Sheff Hallam	8:54.80
	L 2	Amber Keegan	97	Sheffield	8:48.82
	L 3	Alice Dearing	97	Loughborough	8:41.80
	L 4	Camilla Hattersley	97	Glasgow	8:33.83
	L 5	Aimee Willmott	93	East London	8:34.76
	L 6	Aisha Thornton	91	Loughborough	8:45.00
	L 7	Laura Gillingham	96	Northumbria	8:50.00
	L 8	Abby Smith	96	Birmingham	9:02.23
	L 9	Mhairi High	97	Stirling	9:23.57

**Event 102 Mens MC 1500m Freestyle**

H 1	L 1	Alberto Arbona	97	Manchester	18:09.69
	L 2	Beau Smith	93	Leeds	17:10.50
	L 3	Ross Hosking	97	Cardiff Met	17:02.00
	L 4	Daniel Fisher	97	Edinburgh	16:38.51
	L 5	Adam Tapley	94	Anglia Rus	16:53.70
	L 6	Ryan Griffiths	97	Sheff Hallam	17:07.30
	L 7	Jack Keeler	97	Lancaster	17:30.21
	L 8	Adam Prunty	95	Southampton	18:10.20
H 2	L 0	Matt Edwards	94	Cardiff Met	16:20.15
	L 1	Morgan Berryman	97	Stirling	16:11.46
	L 2	Chris Lowther	95	Strathclyde	15:50.23
	L 3	Tom Howley	96	Northumbria	15:40.00
	L 4	Jay Lelliott	95	Guest	14:58.74
	L 5	Tim Shuttleworth	97	Loughborough	15:16.50
	L 6	Jack Baister	97	Loughborough	15:48.50
	L 7	Geoff Butler	95	Edinburgh	16:08.51
	L 8	Callum Pardoe	96	Swansea	16:18.01
	L 9	Simon McCormick	95	Newcastle	16:27.56

**Event 103 Womens MC 400m Freestyle Team**

H 1	L 2	Bournemouth	--	Bournemouth	5:03.85
	L 3	Brunel	--	Brunel	4:48.57
	L 4	Central Lancashire	--	Central Lanc	4:45.10
	L 5	Bangor	--	Bangor	4:45.50
	L 6	Essex	--	Essex	4:50.00
	L 7	Northampton	--	Northampton	5:29.40
H 2	L 0	Leicester	--	Leicester	4:40.00
	L 1	East Anglia	--	East Anglia	4:40.00
	L 2	Reading	--	Reading	4:37.49
	L 3	Liverpool John Moores	--	Liverpool Jo	4:30.00
	L 4	York St John	--	York St John	4:26.89
	L 5	Lancaster	--	Lancaster	4:27.00
	L 6	Hull	--	Hull	4:35.00
	L 7	Kent	--	Kent	4:39.00
	L 8	York	--	York	4:40.00
	L 9	Chichester	--	Chichester	4:44.00
H 3	L 0	Oxford Brookes	--	OXF Brookes	4:23.86
	L 1	Leeds Beckett	--	Leeds Bec	4:15.10
	L 2	Sheffield	--	Sheffield	4:07.76
	L 3	Cardiff Metropolitan	--	Cardiff Met	4:04.45
	L 4	Edinburgh	--	Edinburgh	3:51.65
	L 5	Sheffield Hallam	--	Sheff Hallam	3:53.12
	L 6	Portsmouth	--	Portsmouth	4:05.63
	L 7	Nottingham	--	Nottingham	4:12.45
	L 8	Manchester Metropolita	--	Man Met	4:21.55
	L 9	Chester	--	ChesterC	4:25.00
H 4	L 0	Liverpool	--	Liverpool	4:22.00
	L 1	Warwick	--	Warwick	4:14.75
	L 2	Newcastle	--	Newcastle	4:07.00
	L 3	Glasgow	--	Glasgow	4:01.00
	L 4	Loughborough	--	Loughborough	3:51.00
	L 5	Stirling	--	Stirling	3:51.90
	L 6	Cardiff	--	Cardiff	4:05.50
	L 7	Durham	--	Durham	4:10.63
	L 8	Exeter	--	Exeter	4:16.50
	L 9	Manchester	--	Manchester	4:24.44

H 5	L 0	Imp College London	--	Imperial	4:22.00
	L 1	Bristol	--	Bristol	4:14.20
	L 2	Surrey	--	Surrey	4:06.90
	L 3	Birmingham	--	Birmingham	4:00.33
	L 4	Sussex	--	Sussex	2:20.04
	L 5	Bath	--	Bath	3:51.87
	L 6	Robert Gordon	--	RobertGordon	4:05.00
	L 7	Leeds	--	Leeds	4:09.41
	L 8	Southampton	--	Southampton	4:16.00
	L 9	Keele	--	Keele	4:24.00

**Event 104 Mens MC 400m Freestyle Team**

H 1	L 3	Northampton	--	Northampton	5:04.91
	L 4	Sunderland	--	Sunderland	4:43.00
	L 5	Staffordshire	--	StaffordS	4:45.00
H 2	L 0	East London	--	East London	4:39.00
	L 1	Central Lancashire	--	Central Lanc	4:12.70
	L 2	York St John	--	York St John	4:05.80
	L 3	Reading	--	Reading	4:03.51
	L 4	Hull	--	Hull	4:00.00
	L 5	Nottingham Trent	--	Nott Trent	4:00.62
	L 6	Liverpool	--	Liverpool	4:05.31
	L 7	Chester	--	ChesterC	4:06.50
	L 8	Essex	--	Essex	4:18.00
H 3	L 0	Chichester	--	Chichester	3:55.00
	L 1	Keele	--	Keele	3:54.00
	L 2	Imp College London	--	Imperial	3:53.00
	L 3	Lancaster	--	Lancaster	3:50.00
	L 4	East Anglia	--	East Anglia	3:50.00
	L 5	Leicester	--	Leicester	3:50.00
	L 6	Portsmouth	--	Portsmouth	3:50.21
	L 7	Leeds Beckett	--	Leeds Bec	3:53.50
	L 8	Bournemouth	--	Bournemouth	3:54.15
	L 9	Bangor	--	Bangor	3:59.63
H 4	L 0	Oxford Brookes	--	OXF Brookes	3:47.54
	L 1	Bristol	--	Bristol	3:45.00
	L 2	Newcastle	--	Newcastle	3:43.00
	L 3	Robert Gordon	--	RobertGordon	3:40.00
	L 4	Stirling	--	Stirling	3:26.50
	L 5	Sheffield Hallam	--	Sheff Hallam	3:31.00
	L 6	Glasgow	--	Glasgow	3:42.00
	L 7	Exeter	--	Exeter	3:44.60
	L 8	Liverpool John Moores	--	Liverpool Jo	3:47.00
	L 9	Brunel	--	Brunel	3:49.82
H 5	L 0	Cardiff Metropolitan	--	Cardiff Met	3:47.45
	L 1	Cardiff	--	Cardiff	3:45.00
	L 2	Surrey	--	Surrey	3:42.78
	L 3	Southampton	--	Southampton	3:38.42
	L 4	Loughborough	--	Loughborough	3:25.00
	L 5	Bath	--	Bath	3:30.20
	L 6	Manchester Metropolita	--	Man Met	3:41.56
	L 7	Durham	--	Durham	3:44.00
	L 8	Sheffield	--	Sheffield	3:46.06
	L 9	UWE	--	UWE	3:49.34
H 6	L 0	York	--	York	3:47.23
	L 1	Warwick	--	Warwick	3:44.78
	L 2	Swansea	--	Swansea	3:42.20
	L 3	Birmingham	--	Birmingham	3:32.02
	L 4	Sussex	--	Sussex	1:16.58
	L 5	Edinburgh	--	Edinburgh	3:27.66
	L 6	Leeds	--	Leeds	3:40.00
	L 7	Manchester	--	Manchester	3:43.10
	L 8	Nottingham	--	Nottingham	3:46.00
	L 9	Coventry	--	Coventry	3:48.00